



LIGHT LUNCH

SOUP OF THE DAY ©	£8.95
House baked bread	
CHILLI BEEF NACHOS	£9.95
Chilli beef, sour cream & tortilla chips	
SEAFOOD CHOWDER ©	£9.95
Served with Guinness bread	

GOURMET SANDWICHES

SERVED WITH A FREE SIDE ORDER

HOUSE CLUB SANDWICH	£14.95
Chicken, lettuce, tomato, bacon & egg	
CHILLI CHICKEN CIABATTA	£14.95
Marinated chicken, vegetable stirfry, hot chilli sauce & garlic mayo	
OPEN CHICKEN GOATS CHEESE SANDWICH	£14.95
Sun dried tomatoes, rocket, balsamic dressing	
THE CLASSIC	£14.95
Ciabatta, brie, crispy parma ham, mustard, mayo	
OPEN BACON, BRIE AND CRANBERRY SANDWICH	£14.95
Parma ham, rocket, balsamic dressing	
OPEN STEAK SANDWICH	£21.95
Saute mushroom, saute onions, pepper sauce, ballymaloe relish	

SALAD + PASTA

SERVED WITH A FREE SIDE ORDER

SPICY CHICKEN TAGLIATELLE	£18.95
Sundried tomatoes, cajun sauce, parmesan	
CHICKEN CARBONARA	£18.95
Tagliatelle, bacon, mushrooms, parmesan	
SPICY BEEF TAGLIATELLE	£21.95
Sundried tomatoes, cajun sauce, parmesan	
HOMEMADE LASAGNE	£17.95
Coleslaw	
FITZROYS CAESER SALAD ©	£18.95
Smoked chicken, parma ham, sundried tomato, crispy lettuce, croutons, fried egg, Caesar dressing	

SIDES / £4.95

- Chips
- Garlic Potatoes
- Creamed Potatoes
- Champ
- Baby Boiled Potatoes
- Bombay Potatoes
- Rice
- Sauté Mushrooms
- House Vegetables
- Caesar Salad
- Tossed Salad
- Rocket & Parmesan Salad
- Tobacco Onions
- Garlic Bread
- Salt & Chilli Chips
- Garlic Cream Mushrooms

SAUCES / £4.50

- Peppered Sauce ©
- Chorizo Sauce
- Red Wine Jus ©
- Gravy ©
- White Wine & Mushroom ©
- Leek & Cream Sauce ©

CHICKEN

SERVED WITH A FREE SIDE ORDER

CHICKEN GOUJONS	£17.95
Duo of dips	
FITZROYS CHICKEN BURGER	£17.95
Salad, Bombay dip, coleslaw	
ESCALOPE OF CHICKEN ©	£17.95
Choice of sauce	
CHILLI CHICKEN PITTA POCKET	£17.95
Marinated chicken, vegetable stir-fry, pitta, garlic mayo, chilli sauce	
CHICKEN BANG BANG ©	£18.95
Wok-fried vegetables, spicy rice	
CHICKEN MELTER ©	£18.95
Bacon, cheese, tobacco onions, choice of sauce	
CHORIZO CHICKEN	£18.95
Chorizo sauce, tobacco onions	
THAI RED CHICKEN CURRY ©	£18.95
Basmati rice, naan bread	
CAJUN CHICKEN ©	£18.95
Spicy noodles, goats cheese, vegetable stir fry	
HONEY & CHILLI CHICKEN ©	£18.95
Garlic mayo, peanut dip, sesame seed & vegetable stir fry	
ROAST SUPREME OF CHICKEN ©	£18.95
Caramelised red onion mash, choice of sauce	

MEAT

SERVED WITH A FREE SIDE ORDER

6OZ HOMEMADE RUMP BURGER	£17.95
Bacon, cheese, pepper sauce, salad	
6OZ CASHEL RUMP BURGER	£17.95
Caramelised red onion, Cashel blue cheese, pepper sauce, salad	
HONEY ROAST GAMMON ©	£17.95
Charred pineapple, white wine & mushroom sauce	
50/50 ©	£27.95
6oz sirloin steak, escalope of chicken, choice of sauce, tobacco onions	
10OZ SIRLOIN STEAK ©	£28.95
Grilled tomato, choice of sauce	

FISH

SERVED WITH A FREE SIDE ORDER

CATCH OF THE DAY	£19.95
Ask server for details	
CAJUN SALMON ©	£19.95
Spicy rice, stir fry vegetables, mint and yoghurt dip	
SMOKED COD ©	£19.95
Roasted baby boiled, capers, creamy leek sauce	
GRILLED SALMON ©	£19.95
Bacon & buttered cabbage, white wine & mushroom sauce	

VEGETARIAN + VEGAN

SERVED WITH A FREE SIDE ORDER

THAI RED VEGETABLE CURRY ©	£18.95
Basmati rice, naan bread, sour cream	
SPICY VEGETABLE TAGLIATELLE	£18.95
Sundried tomatoes, cajun sauce, Mediterranean vegetables, parmesan	
CRISPY CURRIED CAULIFLOWER CAKE (V)	£18.95
Sundried tomatoes, Ballymaloe relish, rocket salad	
VEGAN FRIED RICE (V)	£18.95
Mediterranean vegetable, stir fry vegetables, chilli jam	

© = Coeliac Option Available (Please ask us)
Dishes may contain nut & soy traces

If you have a food allergy or a special dietary requirement please inform a member of the hospitality team

The image features a vertical wooden plank background with a warm, reddish-brown hue and visible grain patterns. In the center, there is a dark blue diamond shape with a thin white border. The word "LUNCH" is written in white, bold, uppercase letters across the middle of the diamond.

LUNCH